The Rockford Anxiety and Phobia Clinic implements a standard of care through strategies, methods, and approaches that are consistent with those identified in the professional literature and have been shown as effective through research and evaluation.

Charles Dudley, Jr. M.ED., NCC, BCPC, LCPC

Rockford Anxiety and Phobia Clinic
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Rockford Anxiety and Phobia Clinic specializes in the assessment, evaluation, and treatment of anxiety spectrum disorders. Including:

**Anxiety Disorders**
- Panic Disorder
- Generalized Anxiety Disorder
- Social phobia
- Specific phobias
- Obsessive-Compulsive Disorder
- Post Traumatic Stress Disorder
- Separation Anxiety
- Agoraphobia
- Trichotillomania
- Acute Stress Disorder

**Mood Disorders**
ADD/ADHD-adult and adolescent Adjustment Disorders

Charles Dudley has over 35 years experience in mental health with 20 years in private practice in Rockford, Illinois. He is affiliated with:

- American Psychological Association
- American Counseling Association
- National Board of Certified Counselors
- Board Certified Professional Counselors
- American Mental Health Association
- Illinois Mental Health Counselors Association
- International Association of Trauma Professionals
- American Child and Adolescent Association
- Life member: Anxiety and Depression Association of America, OCD Foundation of America, Veterans of Foreign Wars, American Legion, and DAV

RAPC networks and consults with a variety of local mental health providers, medical clinics, and hospitals in meeting the needs of our clients. RAPC is affiliated with child, adolescent, and adult psychiatrists in the Rockford area.